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Flow and Storage in Groundwater Systems

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The dynamic nature of groundwater is not readily apparent, except where discharge is focused at springs or where recharge enters sinkholes. Yet groundwater flow and storage are continually changing in response to human and climatic stresses. Wise development of groundwater resources requires a more complete understanding of these changes in flow and storage and of their effects on the terrestrial environment and on numerous surface-water features and their biota.

Groundwater is a crucial source of fresh water throughout the world. More than 1.5 billion people worldwide (1) and more than 50% of the population of the United States (2) rely on groundwater for their primary source of drinking water. Groundwater is an essential part of the hydrologic cycle (Fig. 1) and is important in sustaining streams, lakes, wetlands, and aquatic communities.

During the past 50 years, groundwater depletion has spread from isolated pockets to large areas in many countries throughout the world. Prominent examples include the High Plains of the central United States, where more than half the groundwater in storage has been depleted in some areas, and the North China Plain, where depletion of shallow aquifers is forcing development of deep, slowly replenished aquifers with wells now reaching more than 1000 m (3). Groundwater depletion may be the single largest threat to irrigated agriculture, exceeding even the buildup of salts in soil (3). In arid regions, much of the groundwater removed from storage today was recharged during wetter conditions in the last ice age, causing further concerns about present withdrawal rates. Global groundwater depletion has been appreciable enough to contribute to sea-level rise during the past century as a result of water pumped from wells that returns to the sea either by runoff or by evapotranspiration followed by precipitation (4).

Many unfamiliar with its dynamic nature view groundwater as a static reservoir. Even specialists may overlook its linkages across the biosphere and consider it an isolated part of the environment (5). Yet, as discussed below in general terms and through examples, the dynamic aspects of groundwater flow systems, their recharge, and interactions with surface water and the land surface are numerous and extend over many different time scales.

Dynamics of Groundwater Flow Systems

A groundwater system comprises the subsurface water, the geologic media containing the water, flow boundaries, and sources (such as recharge) and sinks (such as springs, interaquifer flow, or wells). Water flows through and is stored within the system. Under natural conditions, the travel time of water from areas of recharge to areas of discharge can range from less than a day to more than a million years (6). Water stored within the system can range in age (7) from recent precipitation to water trapped in the sediments as they were deposited in geologic time.

The variability of aquifer response times is illustrated by the time required for the hydraulic head (water levels) in a groundwater system to approach equilibrium after some hydraulic perturbation, such as well pumping or a change in recharge rate. This can be estimated for confined groundwater systems (8) as

\[ T^* = S_L c^2 / K \]  

(1)

where \( T^* \) is the hydraulic response time (in days) for the basin, \( S_L \) is specific storage (\( L^{-1} \)), \( c \) is some characteristic length (\( L \)) of the basin, and \( K \) is hydraulic conductivity (\( L/T \)). The hydraulic conductivity, a measure of permeability, can range over 12 orders of magnitude (8), and the distance between boundaries of groundwater systems can range from meters to hundreds of kilometers. Using Eq. 1, hydraulic response times calculated for two idealized systems (9) are 0.1 day (144 min) for horizontal flow in a confined stream-aquifer system and 4.0 \( \times 10^7 \) days (110,000 years) for vertical flow in a thick regional low-permeability unit.

![Fig. 1. Global pools and fluxes of water on Earth, showing the magnitude of groundwater storage relative to other major water storages and fluxes. [Reproduced from (82) with permission from the publisher, Elsevier Science (USA)]](image)

The time of travel through the system depends on the spatial and temporal gradients of hydraulic head, hydraulic conductivity, and porosity of the system. The time of travel through a system is different from the hydraulic response time to approach...
Fig. 2. Sources of water that supply withdrawals from major aquifer systems in the United States are highly variable, as shown by these results from model simulations for various periods (83). The Floridan and Edwards-Trinity aquifer systems, which equilibrate rapidly after pumping, were simulated as steady-state with no long-term change in storage. In contrast, the Southern High Plains (with most natural discharge occurring far from pumping wells) and the deeply buried Great Plains aquifer system have had substantial changes in groundwater storage. The distinction between changes in recharge and changes in discharge is a function of how the system was defined (i.e., a gain to one system may result in a loss from an adjoining system). For example, groundwater withdrawals from confined aquifers (Northern Atlantic Coastal Plain, Gulf Coastal Plain) can cause flow to be diverted (recharged) into the deeper regional flow regime that would otherwise discharge to streams in the outcrop areas or cause vertical leakage across confining units. Groundwater recharge in a region can be increased as a result of human modifications, such as return flow of excess irrigation water (California Central Valley). Note that the areal extent of the Southeastern Coastal Plain aquifer system overlaps the areal extents of the Floridan and Gulf Coastal Plain aquifer systems.

Equilibrium. For example, it was calculated above that the hydraulic head in the confined stream-aquifer system responded to a perturbation in less than a day; however, the time required for water to move through the entire width of the system is on the order of 30,000 days (82 years) under natural conditions (10). Fractured-rock systems in bedrock usually have smaller effective porosities than unconsolidated porous media systems such as sands and gravels, and flow velocities through fractured-rock systems can be relatively fast (11). For example, travel times of water over distances of several kilometers have been estimated at less than a year for municipal wells completed in fractured dolomite in Wisconsin (12). Seasonal variations in recharge and pumping affect the variability in travel times in such cases. In more sluggish groundwater systems, such as the Bangkok Basin in Thailand (13), long-term climate and geologic change need to be considered in understanding the movement of groundwater over tens of thousands of years. The long-term movement of groundwater also influences virtually all geologic processes (14, 15), including diagenesis, ore mineralization, and petroleum accumulation.

The time of travel of water is important in determining the movement of contaminants within a groundwater system. The large extent of groundwater contamination worldwide from surface sources reflects the fact that shallow groundwater ages are typically a few decades or less. Hydraulic gradients caused by large-capacity wells can further reduce the travel times of contaminants to wells (16).

Water withdrawn from a groundwater system initially comes from storage. Over time, the effects of the withdrawal are propagated through the system as heads decrease at greater distances from the point of withdrawal. Ultimately, the effect of the withdrawal reaches a boundary (such as a stream) where either increased recharge to the groundwater system or decreased discharge from the system occurs. The common assumption that the rate of groundwater withdrawal is “safe” or “sustainable” if it does not exceed the natural rate of recharge is not correct, because it ignores these changes in discharge from and recharge to the groundwater system (17, 18).

The sources of water supplying pumping from 10 major regional aquifer systems in the United States are shown in Fig. 2. These illustrate the variability of aquifer response to long-term pumping and the extent to which changes in recharge and discharge can exceed changes in storage.

Computer models of flow and solute transport have been integral tools for evaluation of groundwater resources for many years; they have been applied to a wide range of problems, from local contamination to the origin of large mineral bodies from continental-scale fluid migrations (19). The predictive capability of models permits hypothesis testing, which enhances our understanding of current conditions, as well as forecasting of aquifer response to future climatic or anthropogenic stresses. Recent linkages of groundwater flow models with land surface–atmosphere models (20) and of transport models with geochemical reaction models (21) have extended the types of problems that can be addressed. Automatic calibration schemes and uncertainty analysis (22) have enhanced model application.
and new computer visualization tools have advanced our understanding of the effects of variability in aquifer properties on groundwater flow patterns.

Accuracy of model predictions is constrained by the correctness of the model (i.e., proper representation of relevant processes) and uncertainty in model parameters. The latter uncertainty is due to the limited accuracy with which parameter values can be measured and, more important, to the substantial heterogeneity inherent in aquifer characteristics. The inability to describe and represent this heterogeneity adequately is a fundamental problem in groundwater hydrology and will continue, even with improved models, to place limits on the reliability of model predictions. The links between spatial heterogeneity and model uncertainty also depend on the type of questions being asked. For example, reasonable estimation of head distributions in an aquifer may require only limited understanding of spatial heterogeneity. On the other hand, confidence in predictions of chemical concentrations at a specific location can be very sensitive to minor uncertainty in the spatial distribution of hydraulic properties, even for relatively homogeneous porous media.

Tracer techniques have been widely applied for estimating the residence time of subsurface waters, as well as the amounts and timing of recharge and discharge (23). Most tracer techniques require knowledge (or assumption) of the time history of tracer application at the land surface or the water table (Fig. 3). This temporal pattern is then correlated to a concentration-depth pattern in the subsurface at a point in time. Other approaches [e.g., the 3H-3He technique (24)] use information on decay products to determine age. Tracers can be naturally occurring (the stable isotopes 2H and 18O, Cl, heat), can occur in the atmosphere as a result of anthropogenic activities [tritium, 36Cl, chlorofluorocarbons (CFCs)], or can be applied intentionally on the land surface (N and P fertilizers, organic pesticides). Isotopes of elements dissolved from host rocks (222Rn, 87Sr, 86Sr) can also be used to estimate residence times and interactions with surface water.

Over the past decade, advances in age dating and tracking young groundwater (<50 years old) using multiple tracers have been major breakthroughs in understanding the dynamics of groundwater systems. For example, multiple tracers have been used to define the amount and locations of river water recharging the upper Floridan aquifer and causing deterioration of well-water quality near Valdosta, Georgia (25), to constrain groundwater flow models in the Atlantic Coastal Plain (26), and to help explain unusual nutrient regimes from groundwater inputs to Florida Bay (27).

Fig. 3. Annually averaged atmospheric concentrations during the past 60 years of some environmental tracers used to determine groundwater ages. Environmental tracers due to industrial production and release are CFCs (CFC-11, CFC-12, and CFC-113), SF6, and 85Kr. Environmental tracers produced by nuclear tests in addition to natural production are 3H, 36Cl, and 14C. Units: TU, tritium units in precipitation at Washington, DC; mBq m⁻², millibecquerels per cubic meter; pptv, parts per trillion by volume; ppm, percent modern carbon [(23); CFC-11 and CFC-113 data from L. N. Plummer and E. Busenberg, U.S. Geological Survey].

Determining the time that water has been flowing within the groundwater system is particularly useful in understanding the operation of highly heterogeneous aquifer systems. However, special care should be taken in interpretations of tracer concentrations in these settings, because the concentrations may be affected greatly by hydrodynamic dispersion and diffusion into the rock matrix (28).

Recharge
Recharge is an important factor in evaluating groundwater resources but is difficult to quantify. The present discussion is limited to recharge to the water table (as opposed to interaquifer recharge). Recharge can occur in response to individual precipitation events in regions having shallow water tables. In contrast, unsaturated zone water in some desert regions is estimated to have infiltrated the soil surface as long as 120,000 years ago (29). Perhaps nowhere is the importance and difficulty of estimating recharge more apparent than in the assessment of the suitability of Yucca Mountain, Nevada, as a repository for high-level radioactive waste. More than 15 years and tens of millions of dollars have been spent to estimate recharge rates and locations through the thick, fractured volcanic tuffs at this site under past, current, and future climates (30).

Recharge can be diffuse or localized. Diffuse recharge refers to the widespread movement of water from land surface to the water table as a result of precipitation over large areas infiltrating and percolating through the unsaturated zone. Localized recharge refers to the movement of water from surface-water bodies to the groundwater system and is less uniform in space than diffuse recharge. Most groundwater systems receive both diffuse and localized recharge. In general, the importance of diffuse recharge decreases as the aridity of a region increases (31). For example, in semiarid parts of Niger, localized recharge from naturally occurring runoff-collection ponds accounts for virtually all recharge (32).

Typically, most water from precipitation that infiltrates does not become recharge. Instead, it is stored in the soil zone and is eventually returned to the atmosphere by evaporation and plant transpiration. The percentage of precipitation that becomes diffuse recharge is highly variable, being influenced by factors such as weather patterns, properties of surface soils, vegetation, local topography, depth to the water table, and the time and space scales over which calculations are made. For example, over a 6-year period, recharge in the Great Bend area of central Kansas was estimated to be 10% of the annual precipitation of 585 mm; however, in some years, no recharge occurred (33).

Magnitudes of recharge fluxes are gen-
Interactions with Surface Water

The interactions of surface-water bodies with groundwater are governed by the positions of the water bodies relative to the groundwater flow system, the characteristics of their beds and underlying materials, and their climatic setting (45). Whereas the geologic framework affects the flow paths through which groundwater flows, the type of sediments at the interface between groundwater and surface water can dictate the spatial variability of discharge to surface water and, in turn, affects the distribution of biota at the interface. For example, silty stream beds with minimal groundwater exchange may support a less diverse suite of biota than do sandy or gravelly stream beds with large groundwater exchange (46). Discharge from springs can provide habitat for unique species that are dependent on adequate groundwater flow (47). In some cases, biota related to groundwater discharge have been used to identify locations where focused discharge occurs into surface waters (48).

Exchange of water across the interface between surface water and groundwater can result from downstream movement of water in and out of stream beds and banks (Fig. 4), tides, wave action, filling or draining of reservoirs, or transpiration of water by vegetation at the edges of wetlands and other surface waters (45). Water exchange across the surface water–groundwater interface has been explored in some detail in the past decade, with most studies focused on streams (49), and is increasingly studied with respect to effects on the chemical composition of surface and subsurface water and the distribution of biota (46, 50). Once thought to be of little consequence and thus ignored, the interactions of groundwater with lakes, wetlands, estuaries, and oceans now are recognized as important processes. For example, discharge of saline springs contributes to the salinity of Lake Kinneret, Israel (51); peat wetlands can alternate between recharge and discharge status because of flow reversals (52); coastal groundwater discharge is equivalent to as much as 40% of riverine input in summer along the coast of South Carolina, USA (53); and groundwater input from the Ganges-Brahmaputra delta is an important factor affecting the marine strontium isotope record (54).

Thermal effects also play a role in the distribution of biota and biogeochemical processes. For example, thermal effects of groundwater discharge in inland waters have been directly related to fish habitat, both in terms of spawning areas and refuge for adults...
when ice forms in colder environments (55). Thermal differences between groundwater and surface water also are used to provide information on location and amount of recharge (56) and discharge (57), and these data enable indirect determination of geothermal properties of groundwater flow systems, particularly from data gathered at springs (58).

When salt water and fresh water are present, a dynamic interface is present both in the ground and at the discharge boundary of fresh groundwater into salty surface water. In relatively homogeneous porous media, the denser salt water tends to remain separated from the overlying fresh water by a transition zone, known as the zone of diffusion or dispersion. In coastal plain areas where the porous media is heterogeneous in nature, a system of layered mixing zones can form. Advances in geophysical techniques, such as direct-current resistivity and transient electromagnetic induction (59), have enabled better definition of the three-dimensional distribution of salty water in the subsurface.

Large groundwater withdrawals can cause salt water to move into areas of use in coastal (60) and some inland (61) areas and decrease the volume of fresh water available. The important role of fresh groundwater discharge to coastal ecosystems is also increasingly being recognized (62). The time required for the salt water–fresh water interface and freshwater discharge to respond to human and natural changes can range from almost instantaneously to thousands of years. In some coastal areas, such as New Jersey, USA, and Suriname, South America (63), relatively fresh groundwaters located far off the coast are hypothesized to be remaining from the last ice age, when sea levels were much lower.

**Interactions with the Land Surface**

When groundwater is removed from storage in groundwater systems, hydraulic heads are lowered, and a portion of the mechanical support for the overlying sediments and surface water previously provided by pore-fluid pressure is transferred to the granular skeleton of the aquifer system. If enough water is withdrawn, the pore-fluid pressure can be reduced enough so that the granular skeleton of the aquifer is irreversibly compressed, causing permanent compaction of the more compressible fine-grained silt and clay layers (aquitards) interbedded within or adjacent to the aquifers. The resulting subsidence can severely damage structures and create problems in design and operation of facilities for drainage, flood protection, and water conveyance. Examples of areas with large subsidence include the California Central Valley, Houston, and Mexico City (64).

The low permeability of thick aquitards (65) can cause vertical drainage to adjacent pumped aquifers to proceed slowly and to lag far behind changing water levels in these aquifers (Fig. 5). The drainage and compaction in response to a given stress in thick aquitards may require decades or centuries to approach completion. Numerical modeling has successfully simulated complex transient histories of compaction observed in response to measured water-level fluctuations at the site scale (66), but considerable challenges remain at the regional scale to simulate compaction histories of groundwater systems with thick aquitards.

Technologies to measure the sometimes subtle and slow changes in land-surface elevations caused by groundwater withdrawals have evolved considerably from borehole extensometry and terrestrial geodetic (spirit leveling and Global Positioning System (GPS)) surveys to remote-sensing using space-based radar imaging (64). Interferometric synthetic aperture radar (InSAR) uses repeat radar signals from satellites to measure deformation of Earth’s crust at an unprecedented level of spatial detail (changes in elevation on the order of 10 mm or less) and a high degree of measurement resolution (tens of meters). InSAR results have provided detailed regional maps of land subsidence at seasonal and longer time scales (67), have revealed the timing, magnitudes, and patterns of seasonal deformations that may occur in response to seasonal changes in pumping and large-scale artificial recharge (68); have been used to estimate the elastic storage coefficient of an aquifer system at locations where contemporary groundwater level observations were available (69); have been used as an observational constraint for inverse modeling of regional groundwater flow and aquifer-system compaction (70); and have provided new insights into how subsidence is controlled by geologic structures and sediment composition (71).

**Future Challenges**

Future success in understanding the dynamic nature of groundwater systems will rely on continued and expanded data collection at various scales, improved methods for quantifying heterogeneity in subsurface hydraulic properties, enhanced modeling tools and understanding of model uncertainty, and greater understanding of the role of climate and interactions with surface water.

Water-level measurements from wells remain the principal source of information on the effects of hydrologic stresses on groundwater systems. Advances in instrumentation now enable the collection of real-time water-level data, allowing us to observe diurnal and seasonal trends from well networks across large areas. To understand the true nature of change in a groundwater system and to differentiate between natural and human-induced changes, we require records of water-level measurements over substantial periods (72). Despite their importance, groundwater-level data have received little attention in concerns expressed about the continuity of global water data, primarily because such concerns have focused on more visible surface-water monitoring networks (73).

Because aquifers smooth out short-term fluctuations of climate signals, analyses of groundwater systems typically have underplayed the role of climate. Effects of decadal-scale fluctuations in wet and dry cycles, such as those hypothesized from the Pacific Decadal Oscillation (74), may have large effects on groundwater systems, but these are relatively unexplored, as are the effects of possible future climate change on the shallow aquifers that supply much of the water in streams, lakes, and wetlands. A greater un-
understanding of feedbacks between water levels and atmospheric forcing at seasonal and interannual scales is also needed (20). Because conditions at the time of recharge influence the geochemical composition of water percolating into the subsurface, aquifers may prove to be invaluable archives of past climate and environmental change (75).

Surface-water depletion is viewed increasingly as the limiting factor to the long-term sustainability of groundwater resources, yet the distinctly different temporal and spatial scales at which groundwater and surface-water systems operate present major challenges to their integrated analysis. The location, quantity, and timing of reductions in surface-water flow resulting from groundwater development are fundamental questions at scales of years to decades, whereas ecological issues require attention to seasonal and diurnal changes in groundwater recharge and discharge and more attention to fluvial plain and channel-scale flow processes (76).

Groundwater systems have value not only as perennial sources of water supply, but also as reservoirs for cyclical injection and withdrawal to modulate the variability inherent in surface-water supplies. Management approaches increasingly involve the use of artificial recharge of excess surface water or recycled water by direct well injection, surface spreading, or induced recharge from streams. As predictive links between hydrology and climate improve (e.g., prediction of El Niño conditions), opportunities exist to make better use of the storage capacity of groundwater systems. Many scientific challenges remain to understand more fully the long-term hydraulic response of aquifer systems, subsurface chemical and biological changes of the injected water, and geochemical effects of mixing waters of different chemistries (77). With time and extensive use, much of the local groundwater may be derived from artificial recharge (78)—a further indicator of the dynamic nature of groundwater systems.

References and Notes
5. Schwartz and Ibaraki (79) provide evidence of the maturing nature of groundwater hydrology as a distinct field. This implies that the greatest future advances are likely to be in integration with other fields.
7. The “age” of water usually refers to the amount of time since the water entered the top boundary of the saturated system or water table. Depending on the age-dating technique, it may have other meanings, such as the amount of time since the water entered at the land surface.
9. Equation 1 is for a homogeneous, confined, constant density groundwater basin and is derived from the dispersion equation (8), p. 72. The system representative of horizontal flow in a confined stream-aquifer system, the lower aquifer of the Mississippi River alluvium in Iowa (80), has a characteristic length of 1000 m and a hydraulic conductivity of 10 m/day. The system is assumed to be 1000 m and a hydraulic conductivity of 10 m/day.
10. A specific storm of 10 m s\(^{-3}\) m was assumed to be representative of both systems.
11. The time of travel for the confined, stream-aquifer system (80) is obtained by dividing the characteristic length of 1000 m by the velocity of the fluid movement. The velocity (v) of the fluid movement is calculated by dividing Darcy’s law by a porosity (n) of 0.3, assuming a representative uniform head gradient (h) of 0.001 (v = k/n).
12. H. W. Bentley
13. The ÒageÓ of water usually refers to the amount of time since the water entered a groundwater system (Norton, New York, 1999).
14. J. A. L. Doughty, E. P. Weeks, T. C. Winter, and an anonymous reviewer for insightful comments and suggestions.